

Stamp Music

Song Writing & Recording Workshops

Community Groups and Theatre Productions

Stamp Music song writing and recording workshops are all about involvement of everyone and expression through song.

Within a 2 hour workshop, a new, original song is created and a demo recorded. Participants have creative input throughout the whole process, choosing the style of song through writing the lyrics and melody to finally recording the vocals. We have worked with mental health groups, in detention centres, the homeless and unemployed through to songs for theatre productions.

Nothing is pre-determined. We take the song writing journey together.

Outcomes

Song writing workshops offer participants the opportunity to express feelings and thoughts that may otherwise be kept unsaid. In mental health patients this has proven to be some of the best therapy available, taking the thoughts and pain from them and transferring it to the song, in essence removing it from them. For theatre shows and community groups it allows serious subjects to be tackled with levity to add strength to the message. Song writing also taps into creative expression that many of us are unaware of, subsequently lifting self esteem and self belief. Within groups, it builds team work as we work together for the common goal.

What you need to know:-

- All we need is a room, power and a whiteboard.
- No Musical Experience is necessary to be involved in workshops
- Workshops can be run with all ages.
- Stamp Music can run from one session to complete CD projects.
- All instruments and recording equipment are provided.



What about when we leave:-

Generally we will take the songs with us to add further instrumentation and to complete the mixing of the songs. Depending on the individual requirements, we can produce artwork and arrange for commercial production of the CD's or send back the Master Copy for duplication as required.

What's the next step?:-

Each project is individual, some are completed once the songs are recorded as it's focussed more on the outcomes achieved through writing and recording the demo versions of the songs but other projects want to go to the next level – professional recording. We can arrange further studio musicians for live backing or programming, industry standard recording engineers and studios. Whilst the participants may not be professional musicians and singers, the experience of recording their songs professionally cannot be underestimated.

The skill of Song Writing is a continuing process. There are always stories to tell and issues to write about. Time has proven this programme can easily be repeated, growing the song writing skills of the participants and allowing expression of feelings and individual creativity.

“Music is integral to our lives and creativity is essential for learning and shaping our future.”